

Pray for Schools – Easter Countdown 2021

Week 5: March 15th – 19th

Topic of the week: Wellbeing – Mental & Physical

Father God, please protect the mental and physical wellbeing of the whole school community.

²⁵ “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life?

²⁸ “And why do you worry about clothes? See how the flowers of the field grow. They do not labour or spin. ²⁹ Yet I tell you that not even Solomon in all his splendour was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Matthew 6:25-34

Day 1. “Are you not more valuable than they?” (v.26)

Pray for all members of the school community – staff, parents and students – to know how valuable they each are to God, that He has created each person in the school community in His image. Pray for each person to be Spirit-prompted to care for the wellbeing of others.

Day 2. “And why do you worry ... ?” (v.28)

Pray for all those who struggle with anxiety. For those who know the Lord to be able to find their security in Him and to remember His powerful creative care for all who trust in Him. For those who do not know the Lord, that in their anxiety, they may reach out to Him.

Day 3. “will He not much more clothe you ...?” (v.30)

Take time to make a list of all that God has so graciously provided in our school communities for our physical wellbeing and thank Him. Remembering that we have so much more than many, in other parts of the world, pray for how your school might be of practical help to other schools in greater need.

Day 4. “your heavenly Father knows that you need them” (v.32)

Be encouraged that God sees and knows all the mental & physical needs of your school. Come to Him with greater confidence and perseverance in asking for His provision. Pray for school counsellors, nurses, pastoral and safe-guarding staff, that they can be sufficiently resourced to meet the needs and do so in a God-honouring way.

Day 5. “But seek first His kingdom and His righteousness” (v.33)

Pray for wisdom for all those making decisions about the mental & physical wellbeing at school, that they may do so according to the values of His kingdom and His righteousness.